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High School Health Course Requirements The following assignments are in the text, Holt Lifetime Health, on the internet and on worksheets. Read the assigned text. Audio CDs of each chapter are available so that you can read along. Xerox copies of the chapters and copies of the CDs are available for home study.

### Chapter 1 Leading a Healthy Life

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### Holt Lifetime Health - AbeBooks

Lifetime Health: Chapter Resource File Chapter 20 Risks of Adolescent Sexual Activity 1st Edition by RINEHART AND WINSTON HOLT (Author) ISBN-13: 978-0030789236

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